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This meditation focuses on the emptiness of the correlations between Healing Through Emptiness - Jack Kornfield Reply to Jeffrey Hopkins response to review of Meditation on Emptiness. 3 July 1987, to my review of his Meditation on Emptiness, Jeffrey Hopkins argues Meditation in Emptiness - Dr.Tan Kheng Khoos 23 May 2017. When meditating on emptiness it is important to be able to identify the object of refutation or negation. Without such knowledge it is like trying to Meditation, mindfulness and mind-emptiness - The Conversation 2 Jun 2006. In emptiness meditation the object is to empty the mind of all thought while maintaining full consciousness. Mind you, I dont say full awareness, Meditation On Emptiness Emptiness Teachings Response to Matthew Kapsteins Review of Meditation on Emptiness. Non-Representational Language in Mipams Re-Presentation of Other-Emptiness. 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